

# FAMILIES IN THE TOUGH TIMES

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# LESSONS FROM A RESILIENT FAMILY

- ❖ Stay Connected to God
  - ❖ Take God seriously, Not the situation
  - ❖ Continue your habit of individual worship
  - ❖ Continue daily family worship
  - ❖ Keep going to church

## Lesson 2

- ❖ Stay connected to each other
  - ❖ Do not let tragedies end your relationship
  - ❖ This is not a time for divide and conquer
  - ❖ Use tools of effective communication
  - ❖ Be empathic for those in the family
  - ❖ Spend more time talking (family meeting)

# Stay Connected to Each Other

- ❖ Look at the situation from the other person's perspective
  - ❖ Avoid minimizing
  - ❖ Overgeneralization
  - ❖ Polarizing thinking
  - ❖ My way or the Hiway
- ❖ Be respectful
- ❖ Keep praying for the other member

## Lesson 3

- ❖ Stay Connected to extended family and Friends
  - ❖ But develop filters for negativity
  - ❖ Seek guidance
  - ❖ Monitor with Care
  - ❖ Maintain the sacred circle(Couples)

# Lesson 4

- ❖ Develop a Financial Plan
  - ❖ Have a family Budget
  - ❖ Follow God's Plan for Financial Freedom
    - ❖ Pay your tithe
    - ❖ Do not accumulate debt
    - ❖ Live simply
    - ❖ plan for the future (save)
    - ❖ Plan for emergencies

# Know your enemy

- Be prepared to fight for your family
- Provide the protection of worship
- Be prepared to work for your family enrichment
  - Read books
  - Family Life week-ends
  - Family Time together (retreats)
  - Counseling, external support

# God Restores

- So the Lord blessed Job in the second half of his life even more than in the beginning.... He also gave Job seven more sons and three more daughters. He named his first daughter Jemimah, the second Keziah, and the third Keren-happuch. In all the land no women were as lovely as the daughters of Job. And their father put them into his will along with their brothers.

- Tyndale House Publishers, Holy Bible: New Living Translation (Carol Stream, IL: Tyndale House Publishers, 2013), Job 42:12-15..



# Fight For Your Family



